

JUDGMENTAL

Don't judge me because of my skin color, religion or my significant other

Be mindful of who and when you criticize

For you may criticize one of your own

Judge me only if you are perfect

Judge me for who I am

And

Not for who you want me to be

Judge me only if you lived and walked in my shoes

Why do you believe you are better than anyone?

Why are we afraid to defend the ones that require our help?

Excuses and ignorance are often used as a shield

Sorry!

Excuses are not the solution

It is our obligation to speak up for what is right

No one was born to hate or discriminate

Kindness is contagious

Compassion is priceless

Why does it matter if someone is different?

No one has the right to assume that different is evil?

Are we all not from the same creator?

I live by a simple rule

It's easier to love than to hate

Live life because it is your destiny

Be brave, be yourself at all times

Be grateful for the people who care

Be kind and generous with your thoughts and words